

Be Rebarkable



INTERACTIVE GAMES FOR
YOU AND YOUR DOG

Rebarkable
dog adventures

Be the Game Master!

Playing games and learning new tricks is really stimulating for your dog and a great way to help with issues such as recall or lead pulling. It's also fun for us humans too.

In this eBook you'll find 9 games that you can start playing with your dog today. Once you and your dog have mastered them you can add them to your walk, use them to help with training or practice new tricks.

With each game you'll find ways to make them more advanced once you've learnt the basics.

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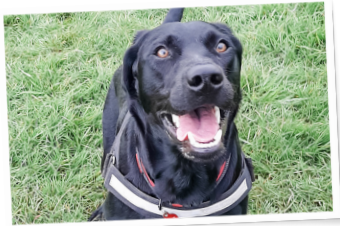
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Time To Play



Builds Relationships

A great game to start building the concept of training through play with your dog.

To begin this game simply drop a piece of your dogs food by your feet and allow them to eat it.

When they look up at you, use your marker word such as 'Yes' or a clicker and then drop another piece of food. Throw the food further away from you and continue to mark and reward each time your dog looks at you.

Throw the food in all different directions to encourage your dog to remain focussed on you.

Try

- Inside or outside
- Throwing the treat through your legs and see if they will go under them.
- With a favourite toy if they are not food driven

Why not add more energy to the game by throwing the food away from you, and then run to a different spot. Reward your dog when they come to you.



Catch



Great for proximity

Foundation Level:

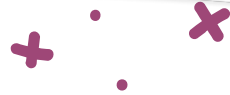
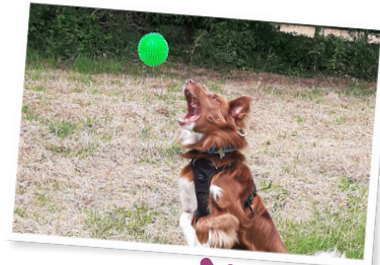
To begin with start by throwing a few pieces of food into your dog's mouth. Repeat this stage for a few days and don't worry if your dog misses the catch, they'll soon start catching more than they miss.

Take it further

Once the catch concept has been mastered you are ready to move onto the next stage.

Place the food in the palm of your hand and keep your palm facing upwards. Let pieces of food drop between your fingers so that your dog catch them for you.

Now try walking around, changing direction, all the while letting food drop between your fingers. Your dog will learn that this hand holds the good stuff and eventually the hand itself becomes the enforcer of keeping your dog focused on you



Pro Tips

- Don't move on until you've mastered the foundation level
- Practice regularly in short bursts

Caroline Gays



Builds focus

Just like the good old version of Simon Says this game teaches your dog to focus on you.

Start with your dog in front of you and a bowl of food between you and your dog. If your dog tries to eat the food just place your hand over it and keep it there until they are able to manage their distractions.

Now that you have their attention ask your dog to do a command that they know. When they do the command throw a piece of food out to the side. Wait for them to return back to you before giving the next command.



Try these

- Sit
- Down
- Left / right spins
- Nose touch
- High five

Tug

Great for relationship building

This game is a high energy game that enriches your dog both mentally and physically

Start slowly introducing your tug toy to your dog. Imagine that the tug toy is prey moving around and minding its own business. Move the toy around in different directions and at different speeds so that your dog becomes interested in it

Praise your dog once it interacts with the tug toy.

Match the resistance that your dog gives and ensure you let them win the game of tug every now and then.

Take your training further by introducing a stop command. Once the stop command has been acknowledged then the game can resume.

Take it further

Use the tug toy as a reward in other games, such as hide and seek or Find It



You will need

- Your dog
- A tug toy
- Lots of energy



Two Toys



Great for exercise



Start the game with toy number one hidden behind your back.

Play with your dog using toy number two in a highly energetic manner making the the toy and the game exciting.

Once your dog is fully engaged with toy number two, make this toy stop and become inactive.

Bring toy number one out from behind your back and make this toy the active and exciting one. Hide toy number two behind your back, like you did with toy number one.

Keep switching between the two toys.

Each time you switch toys use the cue word 'switch' so that your dog can learn to work on the command word

You will need

- Your dog
- You
- 2 similar or identical toys that your dog loves

Hide and Seek



Great for relationship building

This game can be used to enhance your dogs 'stay' command.

Get your helper to hold your dog and cover their eyes whilst you run off and hide. Don't make it too difficult for your dog, keep it simple.

When you have got your hiding spot, call your dog.
Get your helper to release the dog.

Take it further

Run and hide as before, but this time don't call your dog. Get your helper to release your dog and see if they can find you.

If your dog has trouble locating you, help them out and call them

You will need

- Your dog
- You and a helper
- Food or toy



Paws For Thought



Great for Relationship Building

Start the game near to the object that you want your dog to place his/her front paws onto.

Encourage your dog to get close to this object by rewarding them when they get close to it. Reward by throwing a treat away from the object.

Reward in the same way each time your dog goes towards the object.

Directly reward your dog if any paw touches the object and also throw an additional treat away from the object.

Start rewarding for staying on the object only and add a cue word such as 'two paws' or 'paws on'.



You will need

- Your dog
- You
- Objects for your dog to put his front paws on

Find It



Introduces scent work

Start by playing a game that your dog enjoys, such as tug. It needs to involve a toy as you will hide this toy later on.

Finish the game and ask your dog to 'stay' whilst you go and hide the toy that you were playing with.

Begin easy by placing the toy underneath a cushion in the same room or behind a nearby bush. Ask your dog to 'find it'.

Reward by playing the game that you were originally playing

Pro Tips

- Start easy by hiding the toy nearby.
- Build up to hiding in harder places.



Up, Up & (Not) Away



Great for teaching boundaries

Boundaries are a place that you want your dog to return to. This could be a raised bed, a crate or even a towel on the floor.

It can help your dog begin to develop self-control by staying on the boundary when required to.

If you have a dog who would run through an open front door, teaching boundaries is a good way to break this habit.

To begin this game start by rewarding your dog for any contact or proximity towards the boundary. When they touch the boundary reward them with a treat.

Put the reward on the boundary rather than giving it to your dog.

Once they have learnt that getting on the boundary equals a treat you can then add a cue word, such as 'up up'.

Now that your dog is staying on the boundary you will need to give them a command to 'come off' the boundary. Throw a food treat away from the boundary whilst giving a command word such as 'free' or 'release'.

You will need

- Your dog
- Treats
- A 'boundary' eg raised bed, towel, mat





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